



Coaches Meeting

Winter Indoor Training Overview
2020/2021 Season

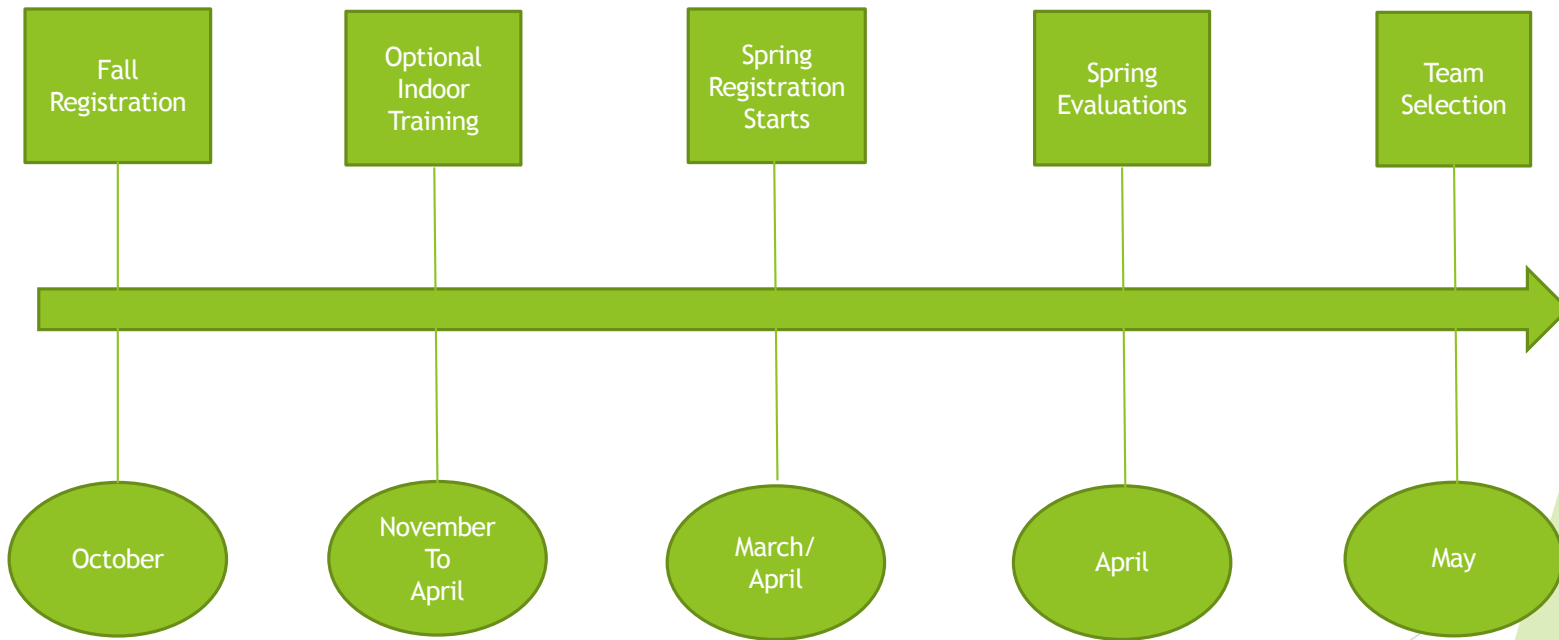
October 29, 2020

Topics To Cover

- Season Layout
- Covid-19 Requirements
- Winter Training Program
- Coaching Requirements



Season Layout



Covid-19 Requirements

- Parents are not allowed to enter the building.
- Masks are mandatory until stepping on the field.
- Outdoor footwear is not permitted on the field.
- All sessions must end 10 minutes prior to the end of the booking.
- All participants must exit the building 5 minutes prior to the end of the booking.
- Washrooms are available. Change rooms are only available on a case by case basis and need prior approval from Techniplex management.
- Coach's are responsible to keep an attendance list. This list must be kept for 14 days after each training session.
- Completed Covid forms are required prior to stepping on the field.

Practice Fields

- We have limited field space.
- 5pm to 6:30 - We have all three fields.
- 6:30pm to 8pm - We have one field.
- Field space has been allocated based on number of players registered and size of players in the age group.
- We will monitor the field usage to ensure we are maximizing the space we have available.



Practice Times & Coaching Staff

5:00pm to 6:20pm

FIELD 1:

BU7 & GU7 - Coaches: Adam Nolan, Patricia Lane

U11G - Coaches: Cameron Lundrigan, Erica Clarke, Gary Duff

FIELD 2:

BU8 - Coach: Ryan Somers

GU8 - Coach: Amanda Raymond

GU9 - Coaches: Anna Jewer, Taj Exley

BU9 - Ingo Eckoldt

FIELD 3:

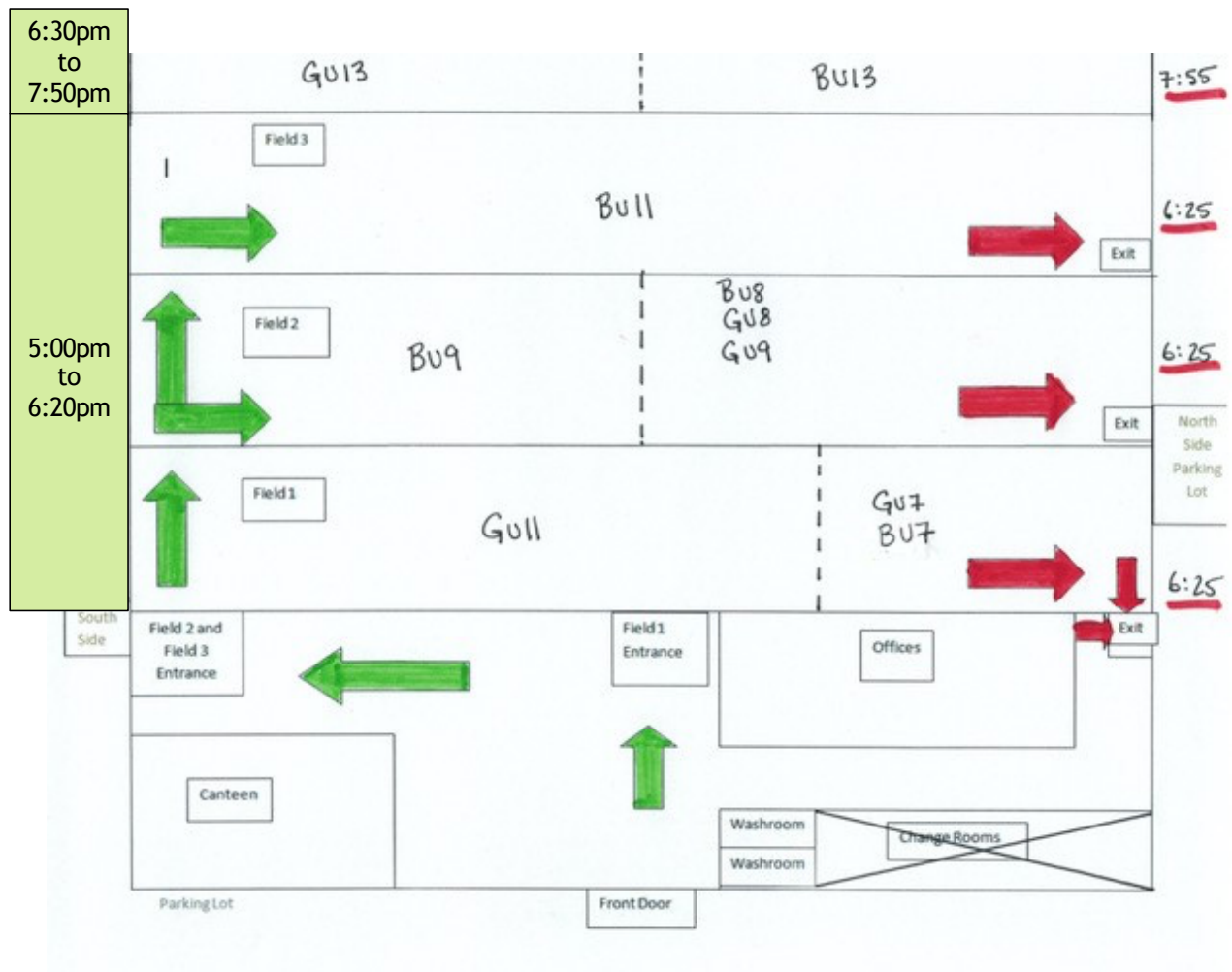
BU11 - Brad Rideout, Jan Dolezalek, Randy Turpin

6:30 pm to 7:50pm

BU13 - Coach: Todd Green

GU13 - Coach: John Thoms, Tammy Sharpe, Trevor Thistle

Entering & Exiting the Practice Fields



Winter Training Structure

- Practices should be about individual player development, e.g.:
 - Passing and Receiving
 - 1 vs 1
 - Player Awareness
- Game tactics will be covered in the outdoor season.
- Coaches should work within their group to organize practices.
- Don't be afraid to group players based on skill level within your practices.
- Guest Technical Coaches.
- Club sessions, e.g. shooting clinics.



Coaching Requirements

- RNC Certificate of Conduct
- Vulnerability Check
- NCCP Course (club financial support)
- Canadian Soccer Coaching Education Pathway (club support)
- First Aid (Metro league requirement - club financial support)